



Douglas County Local Public Safety Coordinating Council (LPSCC)
Behavioral Health Subcommittee Meeting Minutes

Noon, Tuesday, Jan. 14, 2020

Room 310, Douglas County Courthouse

VOTING MEMBERS PRESENT: Carol Eck, *Mercy Behavioral Health Director*; Mari Hernandez, *DHS*; Jason Mahan, *Municipal Court Judge*; Gary Marquardt, *VA*; Robert McAdam, *Umpqua Health*; Lt. Mike Root, *Sheriff's Office*; Christin Rutledge, *Douglas Public Health Network*; Robert Wilson, *Treatment Court Coordinator*; Dane Zahner, *HIV Alliance*

VOTING MEMBERS ABSENT: Cherie Barnstable, *Compass*; Greg Brigham, *Adapt*; Larry Clark, *UCAN*; Meredith Concepcion, *Jail mental health provider*; Dennis Eberhardt, *Cow Creek Tribe*; Kat Griffin, *Umpqua Valley Public Defender*; Gary Klopfenstein, *Roseburg police*; Ann Marie Simmons, *Mental Health Court Judge*;

ON THE PHONE: Marie Dixon, *NAMI*

OTHERS PRESENT: Deputy Josh Eggleston, *Jail*; Sue Goldberg, *Umpqua Health Alliance*; Heather Johnson, *Compass*; Misty McAbee, *UCAN*; Melissa McRobbie-Toll, *LSPCC Coordinator*; Todd Luther, *Mercy Medical Center*; Catherine Paul, *Citizen*; Paul Robertson, *Adapt Corrections*; Jennifer Smith, *DHS*; Brian Spani, *Bay Cities Brokerage*

MEETING MINUTES APPROVAL:

ACTION: Carol Eck motioned to approve the December minutes. Jason Mahan seconded. **Motion passed.**

UPDATES:

- **Mobile Crisis** – (*Coordinator*) - Mobile Crisis program operates 1:30 p.m. to midnight seven days a week. Initial data was presented at a stakeholder meeting on Dec. 18.
- **Sobering Center** – (*Coordinator*) – Adapt and partners are hopeful that a new state grant can fill a funding gap and allow the Sobering Center to open. Adapt is in the process of applying for the grant.
- **Connecting Point** – (*Jennifer Smith*) – Turnout was high at the most recent Connecting Point on Monday. Participants included DHS, HIV Alliance, the Housing Authority, UCAN and others.
ACTION: *Coordinator will develop a draft Connecting Point intake form.*
- **Compliance Court** – (*Judge Mahan/Robert Wilson*) – Participation is low but some individuals are engaging in Compliance Court on a sustained basis. The struggle is often that Compliance Court clients don't have housing.

- **IMPACTS** – (*Coordinator*) – Bridget Budbill of the Criminal Justice Commission attended a Douglas County IMPACTS steering group last week. It looks like the request for proposals (RFP) will be released sometime in the spring.
- **Housing** – (*Coordinator*) - Douglas County housing partners have formed a team to pursue \$20 million in new state funding for supportive housing. Connor McDonnell presented at a joint meeting of the LPSCC Housing Subcommittee and HTAG last week, saying \$3.5 million in funding for emergency shelter will become available this spring.

NALOXONE PRESENTATION: Dane Zahner, HIV Alliance

Dane Zahner of HIV Alliance offered an overview of HIV Alliance’s services, then gave the group an abbreviated presentation on nasal and intramuscular naloxone. Key points included:

- **HIV Alliance** – HIV Alliance is a nonprofit that cares for more than 1,000 people living with HIV in 13 counties. The organization provides HIV and HCV testing in Lane, Douglas, Josephine, Curry, Marion and Coos counties. Free testing is available, including four days a week in Roseburg.
- **Syringe exchange/naloxone distribution** - HIV Alliance also runs a syringe-exchange program and a naloxone program. The organization’s naloxone giveaways have reversed at least 71 overdoses (measured by the number of refills) in Douglas County alone.
- **Volunteers needed** – Volunteers are always sought for syringe exchange, testing, HIV support groups, compilation of naloxone kits and safer-sex kits, community events and more.
- **Naloxone** - Naloxone is available at pharmacies without a prescription. There is no co-pay for Oregon Health Plan (OHP) members. Veterans can get naloxone for free at a VA pharmacy. Naloxone is an opioid antagonist that blocks receptors from being able to absorb opioids for about 45 minutes. There are few side effects, aside from confusion. Sometimes, multiple doses are needed to reverse an overdose. Naloxone typically expires after about 18 months.
- **How to identify an overdose** - Signs of an overdose include: Being unresponsive to yelling or someone rubbing knuckles up and down on your sternum; slow, shallow or no breathing; slow pulse; cold, clammy skin; limp body; and vomiting.
- **6 steps** - Six steps for responding to an overdose with naloxone include:
 - 1) Check the person for a response
 - 2) Call 911
 - 3) Perform rescue breathing
 - 4) Administer naloxone
 - 5) Resume rescue breathing
 - 6) Conduct follow-up; watch the person until EMS arrives. An overdose can last 6 hours
- **Agency trainings** – HIV Alliance provides naloxone trainings to various agencies, organizations and groups. To schedule a training, email Dane at dzahner@allianceor.org

FREQUENT-UTILIZER DATA: Sue Goldberg, Umpqua Health Alliance

Sue Goldberg, Senior Director of Decision Support and Budgeting for Umpqua Health Alliance (UHA), shared her updated data analysis on frequent Jail and Emergency Department users. Key points of her presentation and the ensuing discussion included the following:

- **Entire group** - 582 individuals were booked 4 or more times between September 2018 and September 2019. Those individuals spent a total of 33,793 days in Jail. At a cost of \$105/day for a jail bed, that equals \$3,548,265 in Jail costs for the group (health care costs for the group as a whole are unclear)
- **UHA members only** - 139 of those individuals were Umpqua Health Alliance members. The total health care costs to UHA of those 139 members was \$583,746 (includes ED visits and other medical costs). The UHA members spent 7,771 days in Jail at a cost of \$809,699.
- **ED notes** – Cost calculations don't include ED observation. Todd Luther said 40 percent of people treated in the Emergency Department are UHA members.
- **Capturing costs of non-UHA members** – Could Mercy Medical Center analyze the Emergency Department costs of the 443 individuals not represented in Sue's data set?
- **Capturing Jail medical costs** – Is it possible for Jail medical provider Wellpath to calculate the in-jail medical costs of these individuals?
- **UHA membership** – The percentage of frequent Jail users who are UHA members was lower than many would have expected. The group discussed the need for expanded OHP enrollment opportunities. Current OHP enrollment locations/opportunities include the ED, Friday Jail in-reach, Specialty Courts (Drug Court and Mental Health Court).

ACTION ITEMS: *Todd Luther and Carol Eck will look into whether Mercy can analyze non-UHA members' ED costs. Melissa will obtain from the Jail a list of people booked 4+ times in the 2019 calendar year. Sue will begin an updated analysis of those individuals. Melissa will approach Wellpath about the Jail medical data.*

ROUNDTABLE UPDATES

- **Todd Luther, Mercy Medical Center** – Oregon State Hospital's decision to briefly pause civil commitments in December had no effect on Mercy Medical Center.
- **Dane Zahner, HIV Alliance** – Josephine County may soon be enacting a program to provide naloxone to some releasing inmates upon jail release.
- **Robert Wilson, Treatment Court Coordinator** – Six people will graduate from Drug Court today at 5 p.m.
- **Misty McAbee, UCAN** – Preparations for the upcoming Point in Time homelessness count are underway.

NEXT MEETING: *Noon on Tuesday, Feb. 25*