



Douglas County Local Public Safety Coordinating Council (LPSCC)
Behavioral Health Subcommittee Meeting Minutes

Noon, Tuesday, Feb. 27, 2018

Courtroom 402, Justice Building, County Courthouse

PRESENT: Greg Brigham, *Adapt*; Lee Buffington, *Correct Care Solutions*; Frances Burge, *Presiding Judge*; Jim Burge, *Roseburg police chief*; Dennis Chrisenbery, *Roseburg police*; Marie Dixon, *NAMI*; Kat Griffin, *defense attorney*; Gary Klopfenstein, *Roseburg police*; Todd Luther, *Mercy Medical Center*; Melissa McRobbie-Toll, *LSPCC Coordinator*; Michele Moore, *Cow Creek Tribe*; Matt Newey, *ADAPT/Compass*; Lauralen Perham, *Compass*; Andrew Renyer, *Jail Deputy*; Mike Root, *Jail Commander*; Ann Marie Simmons, *Mental Health Court Judge*; Tracy Simpson, *Correct Care Solutions*; Tom Sorrells, *ADAPT*; Robert Wilson, *Treatment Court Coordinator*

STEPPING UP

In January, the Douglas County Board of Commissioners approved a Stepping Up resolution to affirm the county's commitment to reducing the number of people with mental illness in our jail. The Behavioral Health Subcommittee has agreed to act as the steering body for local Stepping Up efforts. The LPSCC Coordinator provided the following updates:

- **Jail screening pilot** - The Douglas County Jail has agreed to administer the Brief Jail Mental Health Screen to all inmates being booked into the jail over a one-month period starting Sunday. The screen is being used purely as a data-gathering tool to give us an initial idea of how many people with mental illness are passing through our jail, and the potential cost of providing follow-up mental health assessments to those who screen positive for possible mental illness. **ACTION:** *Jail staff will track these numbers and provide the data to the LPSCC Coordinator for presentation to the Subcommittee following the completion of the one-month pilot.*
- **SIM mapping** – LPSCC Coordinator is working to line up a Sequential Intercept Mapping workshop in Douglas County to create a flow chart of our criminal justice system as it relates to individuals with mental illness. The idea is to take an inventory of services and identify gaps. SIM mapping takes 1.5 days, and Subcommittee members said they could make that time commitment if given enough notice. Judges need about 6 months' notice. The LPSCC Coordinator will work to schedule the SIM mapping in September.
- **Miscellaneous** – Todd Luther wants to ensure that as the number of mentally ill individuals in the jail decreases over time, there isn't a corresponding increase in the number of patients brought to Mercy. He will alert the LPSCC Coordinator of any notable fluctuations in the number of people in Mercy's crisis unit over the coming months.

COMPASS CRISIS TEAM

The group welcomed guest presenter Lauralen Perham of Compass' Crisis Team. Perham is currently doing outreach to law enforcement agencies and others to strengthen partnerships as the team expands its services.

The team consists of 3 masters-level clinicians, 1 bachelors-level clinician and one part-time support staff. Current services include two 4-hour ride-alongs per week with Roseburg police; pre-commitment investigations; walk-in hours with crisis therapists from 8 a.m. to 5 p.m. Monday through Friday; a 24/7 crisis line; and more. The team handles many cases related to imminent risk to oneself; imminent risk to others; and potential inability to meet one's own basic needs. The team has the ability to place a 'director's hold' on an individual; in such cases, the individual is taken to Mercy Medical Center or the Roseburg VA for further evaluation.

Highlights from the discussion with Ms. Perham included the following:

- The 24/7 crisis line operates 365 days a year. Currently, there is no mobile crisis outreach 24/7.
- Calls to the main number trigger an after-hours protocol through which callers have the opportunity to reach someone live. If the case is acute enough, that person would be connected to immediate services. Ms. Perham said there are people in Portland who do after-hours assessments over the phone, and those people have her cell number.
- Todd Luther asked if one of the team's goals is to reduce the number of people brought to the jail and hospital. He noted that while Mercy has 4 crisis beds, it is not uncommon for 10 to 12 individuals with mental illness to be held in that area, spilling over into the regular emergency room. The average stay is 3-4 days, but some stay for weeks. Ms. Perham said the team is developing a list of "high utilizers" of services, and is working to target those people, examining their unique needs and determining how to effectively help them.
- Kat Griffin wondered what type of situations might merit an in-person crisis response. Ms. Perham said that if no one were available to respond to an incident immediately, a counselor could go to the jail afterward to perform an evaluation if the individual were booked. In non-crisis situations, family members can call the Crisis Team if they notice, for example, that their loved one decompensating. Sometimes a counselor responds out; other times, family members bring the individual to the team.
- Dennis Chrisenbery said Roseburg PD is working more closely with Compass to connect individuals to services. Ms. Perham said the team is hoping to increase its interaction with the Sheriff's Office as well.
- Marie Dixon wants to make sure the community is aware of available services, and that families of those with mental illness know which numbers to call in a crisis.
- The team receives Roseburg police reports about any incidents involving mental health issues, and follows up with those individuals to ensure they are connected to services. Any after-hours calls that go through Compass protocol are reviewed by the Crisis Team the morning after.
- Sometimes people don't recognize that they need help; in some cases, Compass has to wait until an individual decompensates to the point where the team can intervene.
- Roseburg police give out Crisis Team numbers, but officers do not carry fliers or cards with those numbers. The crisis numbers are included on Mercy's discharge form.

- Greg Brigham said Adapt/Compass wants to grow this service and cover more hours and is looking for innovative ways to do so.

MISCELLANEOUS

- **Resource forms** - LPSCC Coordinator is continuing to research what existing resource forms are out there, and the Subcommittee will discuss the ideas for a Behavioral Health resources flyer and a jail re-entry resource flier at the next meeting.
- **Mission/Vision statements** – The Subcommittee reviewed and edited the draft mission and vision statements. The LPSCC Coordinator will send the edited statements to the group.
- **Subcommittee focus** – Members said that while most of the group’s efforts to date have focused on mental health issues, it is important to recognize the prevalence of co-occurring disorders. Substance abuse issues should be considered in the Subcommittee’s conversations. Tom Sorrels noted that providers often need to treat addiction in order to treat mental health issues.
- **Information sharing** – Roseburg police distribute reports to Compass, and the idea came up to share them with Mercy as well. Michele Moore wondered whether police ask individuals whether they are Tribal members. She pointed out that the Tribe has resources to help these people if alerted that a tribal member has had police contact. Matt Newey said veterans are referred to the VA, so perhaps there is a way to identify tribal members for referral to the Tribe.

MEMBER UPDATES

- **Greg Brigham, Adapt/Compass** – Adapt is still in dialogue with the hospital about a possible Crisis Respite Center. All parties involved are working to determine what form of residential care would be most appropriate and financially sustainable. Overall, there has been some shifting of services at Adapt: Youth and family services have moved to 548 S.E. Jackson St., as have substance abuse youth outreach services. All of the services offered out of Annex B will be moving to the Madrone building over the coming months. Adapt also operates South River Community Health, a primary care practice in Winston.
- **Todd Luther, Mercy Medical Center** – Mercy is formalizing its process for dealing with at-risk suicide patients. The new protocol is more restrictive but is expected to improve safety for those individuals.
- **Michele Moore, Cow Creek Tribe** – The Tribe does offer behavioral health services. Tribal representatives recently attended an emergency management and recovery conference in Salem, which gave them a broader range of ideas for how to serve those with mental illness in the event of a major disaster.
- **Matt Newey, Compass** – Compass is working with Roseburg police to identify 10-15 frequent utilizers of services who have mental health issues. Rather than waiting until those individuals end up at the jail, hospital or other facility, outreach is being done to determine what their specific needs are and get those needs met. Trust is built up through repeated interactions over time.
- **Tom Sorrells, Adapt Corrections** – Adapt’s peer mentoring program has filled some key gaps, including in a recent case where a peer mentor picked an inmate up from jail and drove him 8 hours to an inpatient co-occurring facility.

- **Marie Dixon, NAMI** – Another CIT training is coming up in September. NAMI is looking for ways to get the word out about its Family to Family class.
- **Ann Marie Simmons, Presiding Judge** – There are significant numbers of commitment hearings. If someone is sent to the State Hospital, it is important that all parties stay informed about that individual's needs upon return. One person graduated from Mental Health Court this week, and one last week. Women's housing is a huge need. The lack of housing has been a direct cause of women in Mental Health Court failing out of the program. Even those women who qualify for UCAN funding are put on weeks-long waiting lists. There is also a need for more wraparound services. Nearly all mental health court participants have a dual diagnosis.
- **Kat Griffin, Defense Attorney** – Would like to see the referral process for treatment courts streamlined. Rather than 4 different referral forms (RSAT, Drug Court, Mental Health Court, DV Court), she would like to see one form for all of those programs.
- **Robert Wilson, Treatment Court Coordinator** – Eight people are graduating at the Drug Court Graduation Tuesday night, including several from RSAT. The treatment courts are getting a new database that should help enable more information sharing.
- **Dennis Chrisenbery, Roseburg police** – School resource officers will be participating in a threat assessment and management training hosted by the school district in March. The LPSCC coordinator will send out information on the training to LPSCC members.

NEXT MEETING: *Noon, Tuesday, March 20, Courtroom 402*